COURSES FOR THE PILOT GROUP IN GREECE

DIMITRA was responsible for organising and coordinating the pilot training in Greece. Participants of the pilot were unemployed young people with fewer opportunities. The Greek Pilot trainings have been implemented in DIMITRA's facilities, 19 Palaiologou str, Larissa. DIMITRA, as a private certified vocational training institute has the suitable infrastructure and the necessary equipment to provide professional training to participants.

DIMITRA implemented <u>5 sessions</u> as following:

- 1. The 1st session was the "Introductory part" and the "Getting to Know myself" which were implemented on Monday 29.05.2017 (5 hours).
- 2. The 2nd session was a training on "What can I do? How can I look for a job". It was one day training, took place on Wednesday 31.05.2017 (5 hours).
- 3. The 3rd session was a training on Key Competence 6 "Civic Competences". As above, it was one day training, on Wednesday 07.06.2017 (5 hours).
- 4. The 4th session was a one-day training on "Competences of Entrepreneurship and Creativity", implemented on Monday 12.06.2017 (5 hours)
- 5. Finally, the 5th session was a complementary session on "What can I do? How can I look for a job" (Session 2) and it was implemented on 23.08.2017 (5hours).

The sessions were based mostly on experiential exercises. Role-playings, group discussions, questions/answers, brainstorming, videos, and simulations were some of the methodological tools that dominated in classroom. In each training they were mostly open discussion sessions between the trainer and the trainees which some of them had the opportunity to share their feelings, opinions and thoughts by doing the exercises of each chapter. The material was constantly been adjusted according to the formative evaluation feedback during the pilots.

In total fifteen (15) participants attended the Greek pilot trainings. All of them were unemployed young people looking for a job and having a better future, with fewer opportunities between the ages of 18-25 years old. Most of them were female, and graduates of secondary school. The pilot trainings offered them the opportunity to



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develop their civic competences and the sense of initiative and entrepreneurship, focus on the competences linked to the world of work, especially for "decent work", social entrepreneurship and workers cooperatives.

In general, the pilot training was very successful. Measures of the success of training were the relationship that developed between trainers and trainees and the interaction time during all sessions. The trainers were enthusiastic, energetic and genuinely interested in both the training's subject and the trainees. The trainers were the motivators and the trainees were the motivated